



2019 UCare Medical Services Requiring Authorization

For the following UCare plans:

MSHO = Minnesota Senior Health Options
 UCare Connect = Special Needs BasicCare
 PMAP = Prepaid Medical Assistance Plan
 UCare Medicare Plans = Medicare Advantage

MSC Plus = Minnesota Senior Care Plus
 UCare Connect + Medicare
 MnCare = MinnesotaCare
 UCare Medicare Plans with Fairview &
 North Memorial = Medicare Advantage

UCare works with delegated organizations to handle the following types of authorization, so they are not included in this list of medical services requiring authorization.

- Chiropractic care
- Dental care
- Pharmacy
- Outpatient Physical, Occupational and Speech Therapy

The following medical services require authorization or notification:

Acute Inpatient Rehabilitation	Non-Contracted Provider
Back (Spine) Surgery	Nursing Facility Admission (Custodial)
Bariatric Surgery (Gastric Bypass)	Outpatient Therapy (PT, OT, & ST)
Bone Growth Stimulator	Personal Care Assistant (PCA)
Cosmetic or Reconstructive Procedures	Private Duty Nursing (see Home Care Nursing)
Detox (Inpatient Admission)	Proton Beam Therapy
Durable Medical Equipment – RENTAL	Skilled Nursing Facility & Swing Bed
Durable Medical Equipment – PURCHASE	Spinal Cord Stimulator
Genetic Testing for Cancer	Transplant
Home Health Care (SNV, HHA)	Vagus Nerve Stimulation
Home Care Nursing (formerly Private Duty Nursing)	Vein Procedures
Inpatient Medical/Surgical Admission	Wheelchair & Accessories – RENTAL
Long-Term Acute Care Hospital (LTAC)	Wheelchair & Accessories - PURCHASE

2019 UCare Medical Services Requiring Authorization

For the following UCare plans:

UCare Individual & Family Plans

UCare Individual & Family Plans with Fairview

UCare works with delegated organizations to handle the following types of authorization, so they are not included in this list of medical services requiring authorization.

- Chiropractic care
- Dental care
- Pharmacy
- Outpatient Physical, Occupational and Speech Therapy

The following medical services require notification:

Acute Inpatient Rehabilitation Skilled Nursing Facility & Swing Bed
Inpatient Medical/Surgical Admission Transplant
Long-Term Acute Care Hospital (LTAC)

Updated March 2019

2019 UCare Behavioral Health Services Requiring Authorization

For the following UCare plans:

MSHO = Minnesota Senior Health Options
 UCare Connect = Special Needs BasicCare
 PMAP = Prepaid Medical Assistance Plan

MSC Plus = Minnesota Senior Care Plus
 UCare Connect + Medicare
 MnCare = MinnesotaCare

The following behavioral health services require authorization or notification:

Adult Day Treatment	Intensive Outpatient Dialectical Behavior Therapy (DBT)
Adult Rehabilitative Mental Health Services (ARMHS)	Intensive Residential Treatment Services (IRTS)
Behavioral Health Home	Mental health assessment
Certified Peer Specialist	Mental health service plan development by non-physician
Chemical Dependency Residential Treatment	Outpatient Chemical Dependency Treatment
Children's Residential Treatment	Partial Hospitalization
Crisis Residential	Peer Recovery Support
Children's Therapeutic Support Services (CTSS)	Psychiatric Residential Treatment Facilities (PRTF)
Early Intensive Developmental & Behavioral Intervention (EIDBI)	Transcranial Magnetic Stimulation
Inpatient Chemical Dependency Admission	Treatment Coordination
Inpatient Mental Health Admission	

Updated March 2019

2019 UCare Behavioral Health Services Requiring Authorization

For the following UCare plans:

UCare Medicare Plans

EssentiaCare

UCare Medicare Plans with Fairview & North Memorial

The following behavioral health services require authorization or notification:

Inpatient Chemical Dependency Admission	Partial Hospitalization
Inpatient Mental Health Admission	Transcranial Magnetic Stimulation

For the following UCare plans:

UCare Individual & Family Plans

UCare Individual & Family Plans with Fairview

The following behavioral health services require authorization or notification:

Inpatient Chemical Dependency Admission	Inpatient Mental Health Admission
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Updated March 2019