

2020 UCare Medical Services Requiring Authorization

For the following UCare Plans:

- ❖ MSHO – Minnesota Senior Health Options
- ❖ UCare Connect – Special Needs BasicCare
- ❖ PMAP – Prepaid Medical Assistance Plan
- ❖ UCare Medicare Plans – Medicare Advantage
- ❖ EssentiaCare
- ❖ MSC Plus – Minnesota Senior Care Plus
- ❖ UCare Connect + Medicare
- ❖ MnCare – MinnesotaCare
- ❖ UCare Medicare Plans with M Health Fairview & North Memorial

UCare works with delegated organizations to handle the following types of authorization, so they are not included in this list of medical services requiring authorization.

- Chiropractic care
- Dental care
- Pharmacy
- Outpatient Physical, Occupational and Speech Therapy

The following medical services require Authorization or Notification:

- Acute Inpatient Rehabilitation
- Back (Spine) Surgery
- Bariatric Surgery (Gastric Bypass)
- Bone Growth Stimulator
- Cosmetic or Reconstructive Procedures
- Cranial Nerve Stimulation
- Detox (Inpatient Admission)
- Durable Medical Equipment – RENTAL
- Durable Medical Equipment – PURCHASE
- Genetic Testing for Cancer
- Home Health Care (SNV, HHA)¹
- Home Care Nursing² (formerly Private Duty Nursing)
- Inpatient Medical/Surgical Admission
- Long-Term Acute Care Hospital (LTAC)
- Non-Contracted Provider³
- Nursing Facility Admission (Custodial)
- Outpatient Therapy (PT, OT, & ST)
- Personal Care Assistant (PCA)²
- Private Duty Nursing (see Home Care Nursing)
- Proton Beam Therapy
- Skilled Nursing Facility & Swing Bed
- Spinal Cord Stimulator
- Transplant
- Vein Procedures
- Wheelchair & Accessories – RENTAL
- Wheelchair & Accessories – PURCHASE

1. Connect and Connect + Medicare only

2. MSHO & MSC+ only

3. MSHO, MSC+, Connect, Connect + Medicare, PMAP, MnCare only

2020 UCare Medical Services Requiring Authorization

For the following UCare Plans:

- ❖ UCare Individual & Family Plans
- ❖ UCare Individual & Family Plans with M Health Fairview

UCare works with delegated organizations to handle the following types of authorization, so they are not included in this list of medical services requiring authorization.

- Chiropractic care
- Dental care
- Pharmacy
- Outpatient Physical, Occupational and Speech Therapy

The following medical services require Authorization or Notification:

- Acute Inpatient Rehabilitation
- Back (Spine) Surgery
- Bone Growth Stimulator
- Cosmetic or Reconstructive Procedures
- Cranial Nerve Stimulation
- Detox (Inpatient Admission)
- Durable Medical Equipment – Rental
- Durable Medical Equipment – Purchase
- Genetic Testing for Cancer
- Inpatient Medical/Surgical Admission
- Long-Term Acute Care (LTAC)
- Outpatient Therapy (OT, PT, ST)
- Proton Beam Therapy
- Skilled Nursing Facility & Swing Bed
- Spinal Cord Stimulation
- Transplant
- Vein Procedures
- Wheelchair & Accessories – Rental
- Wheelchair & Accessories - Purchase

2020 UCare Behavioral Health Services Requiring Authorization

For the following UCare Plans:

- ❖ MSHO – Minnesota Senior Health Options
- ❖ UCare Connect – Special Needs BasicCare
- ❖ PMAP – Prepaid Medical Assistance Plan
- ❖ MSC Plus – Minnesota Senior Care Plus
- ❖ UCare Connect + Medicare
- ❖ MnCare – MinnesotaCare

The following Behavioral Health services require Authorization or Notification:

- Adult Day Treatment
- Children’s Residential Treatment
- Crisis Residential
- CTSS Children’s Day Treatment
- CTSS Community Support Services
- CTSS Skills Training
- CTSS Therapeutic Behavioral Services
- Diagnostic Assessment
- EIDBI
- Inpatient Mental Health Admission
- Inpatient Substance Use Disorder Admission
- Intensive Outpatient Dialectical Behavior Therapy (DBT)
- Intensive Residential Treatment Services (IRTS)
- Intensive Treatment in Foster Care (ITFC)
- Mental health service plan development by non-physician **OR** Treatment plan development and review
- Outpatient Substance Use Disorder Treatment
- Partial Hospitalization
- Peer Recovery Support
- Psychiatric Residential Treatment Facilities (PRTF)
- Psychological & Neuropsychological Testing Administration and Scoring
- Psychotherapy Family
- Psychotherapy Individual & Group
- Substance Use Disorder Residential Treatment
- Transcranial Magnetic Stimulation
- Treatment Coordination

2020 UCare Behavioral Health Services Requiring Authorization

For the following UCare Plans:

- ❖ UCare Medicare Plans
- ❖ UCare Medicare Plans with M Health Fairview & North Memorial
- ❖ EssentiaCare

The following Behavioral Health services require Authorization or Notification:

- Diagnostic Assessment
- Inpatient Mental Health Admission
- Inpatient Substance Use Disorder Admission
- Partial Hospitalization
- Psychological & Neuropsychological Testing Administration and Scoring
- Psychotherapy Family
- Psychotherapy Individual & Group
- Transcranial Magnetic Stimulation

For the following UCare plans:

- ❖ UCare Individual & Family Plans
- ❖ UCare Individual & Family Plans with M Health Fairview

The following Behavioral Health services require Authorization or Notification:

- Adult Day Treatment
- Children's Residential Treatment
- Crisis Residential Treatment
- CTSS
- Diagnostic Assessment
- Inpatient Mental Health Admission
- Inpatient Substance Use Disorder Admission
- Intensive Outpatient Dialectical Behavior Therapy (DBT)
- Intensive Residential Treatment Services (IRTS)
- Outpatient Substance Use Disorder Treatment
- Partial Hospitalization
- Psychological & Neuropsychological Testing Administration and Scoring
- Psychotherapy Family
- Psychotherapy Individual & Group
- Substance Use Disorder Residential Treatment
- Transcranial Magnetic Stimulation