2020 UCare Medical Services
Requiring Authorization

For the following UCare Plans:
- MSHO – Minnesota Senior Health Options
- UCare Connect – Special Needs BasicCare
- PMAP – Prepaid Medical Assistance Plan
- UCare Medicare Plans – Medicare Advantage
- EssentiaCare
- MSC Plus – Minnesota Senior Care Plus
- UCare Connect + Medicare
- MnCare – MinnesotaCare
- UCare Medicare Plans with M Health Fairview & North Memorial

UCare works with delegated organizations to handle the following types of authorization, so they are not included in this list of medical services requiring authorization.

- Chiropractic care
- Dental care
- Pharmacy
- Outpatient Physical, Occupational and Speech Therapy

The following medical services require Authorization or Notification:

- Acute Inpatient Rehabilitation
- Back (Spine) Surgery
- Bariatric Surgery (Gastric Bypass)
- Bone Growth Stimulator
- Cosmetic or Reconstructive Procedures
- Cranial Nerve Stimulation
- Detox (Inpatient Admission)
- Durable Medical Equipment – RENTAL
- Durable Medical Equipment – PURCHASE
- Genetic Testing for Cancer
- Home Health Care (SNV, HHA)¹
- Home Care Nursing² (formerly Private Duty Nursing)
- Inpatient Medical/Surgical Admission
- Long-Term Acute Care Hospital (LTAC)
- Non-Contracted Provider³
- Nursing Facility Admission (Custodial)
- Outpatient Therapy (PT, OT, & ST)
- Personal Care Assistant (PCA)²
- Private Duty Nursing (see Home Care Nursing)
- Proton Beam Therapy
- Skilled Nursing Facility & Swing Bed
- Spinal Cord Stimulator
- Transplant
- Vein Procedures
- Wheelchair & Accessories – RENTAL
- Wheelchair & Accessories – PURCHASE

¹. Connect and Connect + Medicare only
². MSHO & MSC+ only
³. MSHO, MSC+, Connect, Connect + Medicare, PMAP, MnCare only

1 of 4
Update January 2020
U8882_012020
For the following UCare Plans:
- UCare Individual & Family Plans
- UCare Individual & Family Plans with M Health Fairview

UCare works with delegated organizations to handle the following types of authorization, so they are not included in this list of medical services requiring authorization.
- Chiropractic care
- Dental care
- Pharmacy
- Outpatient Physical, Occupational and Speech Therapy

The following medical services require Authorization or Notification:
- Acute Inpatient Rehabilitation
- Back (Spine) Surgery
- Bone Growth Stimulator
- Cosmetic or Reconstructive Procedures
- Cranial Nerve Stimulation
- Detox (Inpatient Admission)
- Durable Medical Equipment – Rental
- Durable Medical Equipment – Purchase
- Genetic Testing for Cancer
- Inpatient Medical/Surgical Admission
- Long-Term Acute Care (LTAC)
- Outpatient Therapy (OT, PT, ST)
- Proton Beam Therapy
- Skilled Nursing Facility & Swing Bed
- Spinal Cord Stimulation
- Transplant
- Vein Procedures
- Wheelchair & Accessories – Rental
- Wheelchair & Accessories - Purchase
2020 UCare Behavioral Health Services
Requiring Authorization

For the following UCare Plans:
 MSHO – Minnesota Senior Health Options
 UCare Connect – Special Needs BasicCare
 PMAP – Prepaid Medical Assistance Plan
 MSC Plus – Minnesota Senior Care Plus
 UCare Connect + Medicare
 MnCare – MinnesotaCare

The following Behavioral Health services require Authorization or Notification:

• Adult Day Treatment
• Children’s Residential Treatment
• Crisis Residential
• CTSS Children’s Day Treatment
• CTSS Community Support Services
• CTSS Skills Training
• CTSS Therapeutic Behavioral Services
• Diagnostic Assessment
• EIDBI
• Inpatient Mental Health Admission
• Inpatient Substance Use Disorder Admission
• Intensive Outpatient Dialectical Behavior Therapy (DBT)
• Intensive Residential Treatment Services (IRTS)
• Intensive Treatment in Foster Care (ITFC)

• Mental health service plan development by non-physician OR
  Treatment plan development and review
• Outpatient Substance Use Disorder Treatment
• Partial Hospitalization
• Peer Recovery Support
• Psychiatric Residential Treatment Facilities (PRTF)
• Psychological & Neuropsychological Testing Administration and Scoring
• Psychotherapy Family
• Psychotherapy Individual & Group
• Substance Use Disorder Residential Treatment
• Transcranial Magnetic Stimulation
• Treatment Coordination
For the following UCare Plans:
- UCare Medicare Plans
- UCare Medicare Plans with M Health Fairview & North Memorial
- EssentiaCare

The following Behavioral Health services require Authorization or Notification:

- Diagnostic Assessment
- Inpatient Mental Health Admission
- Inpatient Substance Use Disorder Admission
- Partial Hospitalization
- Psychological & Neuropsychological Testing Administration and Scoring
- Psychotherapy Family
- Psychotherapy Individual & Group
- Transcranial Magnetic Stimulation

For the following UCare plans:
- UCare Individual & Family Plans
- UCare Individual & Family Plans with M Health Fairview

The following Behavioral Health services require Authorization or Notification:

- Adult Day Treatment
- Children's Residential Treatment
- Crisis Residential Treatment
- CTSS
- Diagnostic Assessment
- Inpatient Mental Health Admission
- Inpatient Substance Use Disorder Admission
- Intensive Outpatient Dialectical Behavior Therapy (DBT)
- Intensive Residential Treatment Services (IRTS)
- Outpatient Substance Use Disorder Treatment
- Partial Hospitalization
- Psychological & Neuropsychological Testing Administration and Scoring
- Psychotherapy Family
- Psychotherapy Individual & Group
- Substance Use Disorder Residential Treatment
- Transcranial Magnetic Stimulation