2021 UCARE MEDICAL SERVICES REQUIRING AUTHORIZATION

For the following UCare Plans:

- MSHO – Minnesota Senior Health Options
- UCare Connect – Special Needs BasicCare
- PMAP – Prepaid Medical Assistance Plan
- UCare Medicare Plans – Medicare Advantage
- EssentiaCare
- MSC Plus – Minnesota Senior Care Plus
- UCare Connect + Medicare
- MnCare – MinnesotaCare
- UCare Medicare Plans with M Health Fairview & North Memorial

UCare works with delegated organizations to handle the following types of authorization, so they are not included in this list of medical services requiring authorization.

- Chiropractic care
- Dental care
- Pharmacy
- Outpatient Physical, Occupational and Speech Therapy

The following medical services require Authorization or Notification:

- Acute Inpatient Rehabilitation
- Back (Spine) Surgery
- Bariatric Surgery (Gastric Bypass)
- Bone Growth Stimulator
- Cosmetic or Reconstructive Procedures
- Cranial Nerve Stimulation
- Detox (Inpatient Admission)
- Durable Medical Equipment – RENTAL
- Durable Medical Equipment – PURCHASE
- Genetic Testing for Cancer
- Home Health Care (SNV, HHA)¹
- Home Care Nursing ² (formerly Private Duty Nursing)
- Inpatient Hospital, Acute
- Inpatient Hospital, Observation
- Long-Term Acute Care Hospital (LTAC)
- Non-Contracted Provider ³
- Nursing Facility Admission (Custodial)
- Personal Care Assistant (PCA) ²
- Private Duty Nursing (see Home Care Nursing)
- Proton Beam Therapy
- Skilled Nursing Facility & Swing Bed
- Spinal Cord Stimulator
- Transplant
- Vein Procedures
- Wheelchair & Accessories – RENTAL
- Wheelchair & Accessories – PURCHASE

¹ Connect and Connect + Medicare only
² MSHO & MSC+ only
³ MSHO, MSC+, Connect, Connect + Medicare, PMAP, MnCare only

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2021 UCARE MEDICAL SERVICES REQUIRING AUTHORIZATION

For the following UCare Plans:

- UCare Individual & Family Plans
- UCare Individual & Family Plans with M Health Fairview

UCare works with delegated organizations to handle the following types of authorization, so they are not included in this list of medical services requiring authorization.

- Chiropractic care
- Dental care
- Pharmacy
- Outpatient Physical, Occupational and Speech Therapy

The following medical services require Authorization or Notification:

- Acute Inpatient Rehabilitation
- Back (Spine) Surgery
- Bone Growth Stimulator
- Cosmetic or Reconstructive Procedures
- Cranial Nerve Stimulation
- Detox (Inpatient Admission)
- Durable Medical Equipment – Rental
- Durable Medical Equipment – Purchase
- Genetic Testing for Cancer
- Inpatient Medical/Surgical Admission
- Long-Term Acute Care (LTAC)
- Proton Beam Therapy
- Skilled Nursing Facility & Swing Bed
- Spinal Cord Stimulation
- Transplant
- Vein Procedures
- Wheelchair & Accessories – Rental
- Wheelchair & Accessories - Purchase

Updated January 2021
2021 UCARE BEHAVIORAL HEALTH SERVICES REQUIRING AUTHORIZATION

For the following UCare Plans:

- MSHO - Minnesota Senior Health Options
- UCare Connect - Special Needs BasicCare
- PMAP - Prepaid Medical Assistance Plan
- MSC Plus - Minnesota Senior Care Plus
- UCare Connect + Medicare
- MnCare - MinnesotaCare

The following Behavioral Health services require Authorization or Notification:

- Adult Day Treatment
- ARMHS
- Children’s Residential Treatment
- Crisis Residential
- CTSS Children’s Day Treatment
- CTSS Community Support Services
- CTSS Skills Training
- CTSS Therapeutic Behavioral Services
- Diagnostic Assessment
- EIDBI
- Inpatient Mental Health Admission
- Inpatient Substance Use Disorder Admission
- Intensive Outpatient Dialectical Behavior Therapy (DBT)
- Intensive Residential Treatment Services (IRTS)
- Intensive Treatment in Foster Care (ITFC)
- Mental health service plan development by non-physician OR Treatment plan development and review
- Outpatient Substance Use Disorder Treatment
- Partial Hospitalization
- Psychiatric Residential Treatment Facilities (PRTF)
- Psychological & Neuropsychological Testing
- Substance Use Disorder Residential Treatment
- Transcranial Magnetic Stimulation
- Withdrawal Management

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2021 UCARE BEHAVIORAL HEALTH SERVICES REQUIRING AUTHORIZATION

For the following UCare Plans:

- UCare Medicare Plans
- UCare Medicare Plans with M Health Fairview & North Memorial
- EssentiaCare
- UCare Institutional Special Needs Plan

The following Behavioral Health services require Authorization or Notification:

- Diagnostic Assessment
- Inpatient Mental Health Admission
- Inpatient Substance Use Disorder Admission
- Partial Hospitalization
- Psychological & Neuropsychological Testing
- Transcranial Magnetic Stimulation

For the following UCare plans:

- UCare Individual & Family Plans
- UCare Individual & Family Plans with M Health Fairview

The following Behavioral Health services require Authorization or Notification:

- Adult Day Treatment
- Children’s Residential Treatment
- Crisis Residential Treatment
- CTSS
- Diagnostic Assessment
- Inpatient Mental Health Admission
- Inpatient Substance Use Disorder Admission
- Intensive Outpatient Dialectical Behavior Therapy (DBT)
- Intensive Residential Treatment Services (IRTS)
- Outpatient Substance Use Disorder Treatment
- Partial Hospitalization
- Psychological & Neuropsychological Testing
- Substance Use Disorder Residential Treatment
- Transcranial Magnetic Stimulation

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