$25 gift card: Blood Pressure Check

For eligible checks between 7/1/2018 and 12/31/2018
To be completed by member

UCare member ID number ___________________________ Member date of birth ___________________________

Member name ___________________________

Please tell us where to send the gift card:
Mailing name ___________________________ Phone ______________
Mailing address ___________________________
City, State, Zip ___________________________

Mail to the address on the following page.

To be completed by doctor’s staff

Has the patient’s blood pressure check been documented in the medical record? □ Yes □ No

Has a blood pressure (hypertension) management plan been put in place for the patient? □ Yes □ No

Date of blood pressure check ___________________________
Clinic name ___________________________
Clinic phone ___________________________
Doctor/Staff signature ___________________________

Blood Pressure Check

Take care of yourself!

Regular blood pressure checks matter. Earn a $25 gift card for having a blood pressure check between July 1 and Dec. 31, 2018.

High blood pressure is known as the “silent killer.” It has few warning signs or symptoms but can lead to serious health conditions such as heart disease, kidney disease or stroke.

Contact your primary care doctor to schedule a blood pressure check today.

If you have questions, call Customer Services at the number on the back of your UCare ID card.

Keep your blood pressure in a healthy range:
- Eat a healthy diet, low in salt
- Be physically active every day
- Don’t smoke or use tobacco
- Limit alcohol use
- Take medications as prescribed
UCare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.


Vouchers apply to current UCare Choices, and Fairview UCare Choices members age 18 – 85 who are enrolled at the time of the check. Member must have documented hypertension or high blood pressure. Limit one gift card reward per voucher per calendar year. Provider signature required. Allow 4-6 weeks for gift card delivery. Incomplete or ineligible vouchers will be returned. Voucher good for one year from date of check and is for eligible blood pressure checks completed by 12/31/18.

Check your member contract for a list of covered preventive services. Covered preventive services are free to you when provided by an in-network provider. If a test or exam is considered diagnostic, you may be responsible for some costs.

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