

# UCare Classic (HMO POS) offered by UCare Minnesota **ANNUAL NOTICE OF CHANGES FOR 2019**

You are currently enrolled as a member of *UCare for Seniors Value Plus*. Next year, there will be some changes to the plan's costs and benefits. *This booklet tells about the changes.*

**You have from October 15 until December 7 to make changes to your Medicare coverage for next year.**

## What to do now

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### 1. ASK: Which changes apply to you

- Check the changes to our benefits and costs to see if they affect you.**
  - It's important to review your coverage now to make sure it will meet your needs next year.
  - Do the changes affect the services you use?
  - Look in Sections 3.1 and 3.5 for information about benefit and cost changes for our plan.
- Check the changes in the booklet to our prescription drug coverage to see if they affect you.**
  - Will your drugs be covered?
  - Are your drugs in a different tier, with different cost sharing?
  - Do any of your drugs have new restrictions, such as needing approval from us before you fill your prescription?
  - Can you keep using the same pharmacies? Are there changes to the cost of using this pharmacy?
  - Review the 2019 Drug List and look in Section 3.6 for information about changes to our drug coverage.
  - Your drug costs may have risen since last year. Talk to your doctor about lower cost alternatives that may be available for you; this may save you in annual out-of-pocket costs throughout the year. To get additional information on drug prices visit <https://go.medicare.gov/drugprices>. These dashboards highlight which manufacturers have been increasing their prices and also show other year-to-year drug price information. Keep in mind that your plan benefits will determine exactly how much your own drug costs may change.

**Check to see if your doctors and other providers will be in our network next year.**

- Are your doctors in our network?
- What about the hospitals or other providers you use?
- Look in Section 3.3 for information about our Provider Directory.

**Think about your overall health care costs.**

- How much will you spend out-of-pocket for the services and prescription drugs you use regularly?
- How much will you spend on your premium and deductibles?
- How do your total plan costs compare to other Medicare coverage options?

**Think about whether you are happy with our plan.**

## **2. COMPARE: Learn about other plan choices**

**Check coverage and costs of plans in your area.**

- Use the personalized search feature on the Medicare Plan Finder at <https://www.medicare.gov> website. Click “Find health & drug plans.”
- Review the list in the back of your Medicare & You handbook.
- Look in Section 4.2 to learn more about your choices.

**Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan’s website.**

## **3. CHOOSE: Decide whether you want to change your plan**

- If you want to **keep** UCare Classic, you don’t need to do anything. You will stay in our plan.
- To change to a **different plan** that may better meet your needs, you can switch plans between October 15 and December 7.

## **4. ENROLL: To change plans, join a plan between October 15 and December 7, 2018**

- If you **don’t join another plan by December 7, 2018**, you will be enrolled in UCare Classic.
- If you **join another plan by December 7, 2018**, your new coverage will start on January 1, 2019.

### **Additional Resources**

- Upon request, we can give you information in Braille, in large print, or other alternate formats if you need it.
- **Coverage under this Plan qualifies as Qualifying Health Coverage (QHC)** and satisfies the Patient Protection and Affordable Care Act’s (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at <https://www.irs.gov/Affordable-Care-Act/Individuals-and-Families> for more information.

### **About UCare Classic**

- UCare Minnesota is an HMO-POS plan with a Medicare contract. Enrollment in UCare Minnesota depends on contract renewal.
- When this booklet says “we,” “us,” or “our,” it means UCare Minnesota. When it says “plan” or “our plan,” it means UCare Classic.

## **Notice of Nondiscrimination**

UCare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. UCare does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

We provide aids and services at no charge to people with disabilities to communicate effectively with us, such as TTY line, or written information in other formats, such as large print.

If you need these services, contact us at **612-676-3200 (voice)** or toll free at **1-800-203-7225 (voice)**, **612-676-6810 (TTY)**, or **1-800-688-2534 (TTY)**.

We provide language services at no charge to people whose primary language is not English, such as qualified interpreters or information written in other languages.

If you need these services, contact us at the **number on the back of your membership card** or **612-676-3200** or toll free at **1-800-203-7225 (voice)**; **612-676-6810** or toll free at **1-800-688-2534 (TTY)**.

If you believe that UCare has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file an oral or written grievance.

### Oral grievance

If you are a current UCare member, please call the number on the back of your membership card. Otherwise please call **612-676-3200** or toll free at **1-800-203-7225 (voice)**; **612-676-6810** or toll free at **1-800-688-2534 (TTY)**. You can also use these numbers if you need assistance filing a grievance.

### Written grievance

#### *Mailing Address*

UCare  
Attn: Appeals and Grievances  
PO Box 52  
Minneapolis, MN 55440-0052  
Email: [cag@ucare.org](mailto:cag@ucare.org)  
Fax: 612-884-2021

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
1-800-368-1019, 1-800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.



## SUMMARY OF IMPORTANT COSTS FOR 2019

The table below compares the 2018 costs and 2019 costs for UCare Classic in several important areas. **Please note this is only a summary of changes. It is important to read the rest of this *Annual Notice of Changes* and review the *Evidence of Coverage* to see if other benefit or cost changes affect you.**

Cost	2018 (this year)	2019 (next year)
<p><b>Monthly plan premium*</b></p> <p>*Your premium may be higher or lower than this amount. (See Section 3.1 for details.)</p>	\$150	\$207
<p><b>Maximum out-of-pocket amount</b></p> <p>This is the <u>most</u> you will pay out-of-pocket for your covered Part A and Part B services. (See Section 3.2 for details.)</p>	\$3,400	\$3,400
<p><b>Doctor office visits</b></p>	<p>In-network:</p> <p>Primary care visits: \$0 copay per visit</p> <p>Specialist visits: \$35 copay per visit</p> <p>Out-of-network:</p> <p>Primary care visits 20% coinsurance per visit</p> <p>Specialist visits: 20% coinsurance per visit</p>	<p>In-network:</p> <p>Primary care visits: \$0 copay per visit</p> <p>Specialist visits: \$20 copay per visit</p> <p>Out-of-network:</p> <p>Primary care visits: \$0 copay per visit</p> <p>Specialist visits: \$20 copay per visit</p>
<p><b>Inpatient hospital stays</b></p> <p>Includes inpatient acute, inpatient rehabilitation, long-term care hospitals and other types of inpatient hospital services. Inpatient hospital care starts the day you are formally admitted to the hospital with a doctor's order. The day before you are discharged is your last inpatient day.</p>	\$400 copay for each Medicare-covered hospital stay until discharge.	\$250 copay for each Medicare-covered hospital stay until discharge.

Cost	2018 (this year)	2019 (next year)
<p><b>Part D prescription drug coverage</b> (See Section 3.6 for details.)</p>	<p>Deductible: \$250 (for Tiers 2-5)</p> <p>Copayment or coinsurance during the Initial Coverage Stage:</p> <ul style="list-style-type: none"> <li>• Drug Tier 1: <i>Standard cost-sharing:</i> \$6 copayment <i>Preferred cost-sharing:</i> \$1 copayment</li> <li>• Drug Tier 2: <i>Standard cost-sharing:</i> \$12 copayment <i>Preferred cost-sharing:</i> \$7 copayment</li> <li>• Drug Tier 3: <i>Standard cost-sharing:</i> \$40 copayment <i>Preferred cost-sharing:</i> \$35 copayment</li> <li>• Drug Tier 4: <i>Standard cost-sharing:</i> \$100 copayment <i>Preferred cost-sharing:</i> \$95 copayment</li> <li>• Drug Tier 5: <i>Standard cost-sharing:</i> 28% coinsurance <i>Preferred cost-sharing:</i> 28% coinsurance</li> </ul>	<p>Deductible: \$200 (for Tiers 3-5)</p> <p>Copayment or coinsurance during the Initial Coverage Stage:</p> <ul style="list-style-type: none"> <li>• Drug Tier 1: <i>Standard cost-sharing:</i> \$5 copayment <i>Preferred cost-sharing:</i> \$0 copayment</li> <li>• Drug Tier 2: <i>Standard cost-sharing:</i> \$12 copayment <i>Preferred cost-sharing:</i> \$7 copayment</li> <li>• Drug Tier 3: <i>Standard cost-sharing:</i> \$40 copayment <i>Preferred cost-sharing:</i> \$35 copayment</li> <li>• Drug Tier 4: <i>Standard cost-sharing:</i> 50% coinsurance <i>Preferred cost-sharing:</i> 45% coinsurance</li> <li>• Drug Tier 5: <i>Standard cost-sharing:</i> 29% coinsurance <i>Preferred cost-sharing:</i> 29% coinsurance</li> </ul>

# Annual Notice of Changes for 2019

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## SECTION 1 We Are Changing the Plan's Name

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On January 1, 2019, our plan name will change from *UCare for Seniors Value Plus* to *UCare Classic*.

You will receive a new member ID card through the mail in January 2019.

## SECTION 2 Unless You Choose Another Plan, You Will Be Automatically Enrolled in UCare Classic in 2019

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On January 1, 2019, UCare Minnesota will be combining *UCare for Seniors Value Plus* with one of our plans, *UCare Classic*.

**If you do nothing to change your Medicare coverage by December 7, 2018, we will automatically enroll you in our UCare Classic.** This means starting January 1, 2019, you will be getting your medical and prescription drug coverage through UCare Classic. If you want to, you can change to a different Medicare health plan. You can also switch to Original Medicare. If you want to change, you can do so between January 1 and March 31. You can also change plans between October 15 and December 7. If you are eligible for Extra Help, you may be able to change plans during other times.

The information in this document tells you about the differences between your current benefits in *UCare for Seniors Value Plus* and the benefits you will have on January 1, 2019 as a member of *UCare Classic*.

## SECTION 3 Changes to Benefits and Costs for Next Year

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### Section 3.1 Changes to the Monthly Premium

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Cost	2018 (this year)	2019 (next year)
<b>Monthly premium</b> (You must also continue to pay your Medicare Part B premium)	\$150	\$207
<b>Classic Choice Dental</b> (optional supplemental benefit)	Not available	\$21
<b>Choice Dental</b> (optional supplemental benefit)	\$20	Not available

- Your monthly plan premium will be *more* if you are required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that is at least as good as Medicare drug coverage (also referred to as “creditable coverage”) for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.
- Your monthly premium will be *less* if you are receiving “Extra Help” with your prescription drug costs.



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## Section 3.2 Changes to Your Maximum Out-of-Pocket Amount

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To protect you, Medicare requires all health plans to limit how much you pay “out-of-pocket” during the year. This limit is called the “maximum out-of-pocket amount.” Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2018 (this year)	2019 (next year)
<b>Maximum out-of-pocket amount</b> Your costs for covered medical services (such as copays) count toward your maximum out-of-pocket amount. Your plan premium and your costs for prescription drugs do not count toward your maximum out-of-pocket amount.	\$3,400	\$3,400  Once you have paid \$3,400 out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services for the rest of the calendar year.

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## Section 3.3 Changes to the Provider Network

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There are changes to our network of providers for next year. An updated *Provider Directory* is located on our website at [ucare.org](http://ucare.org). You may also call Customer Services for updated provider information or to ask us to mail you a *Provider Directory*. **Please review the 2019 Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.**

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers) that are part of your plan during the year. There are a number of reasons why your provider might leave your plan, but if your doctor or specialist does leave your plan you have certain rights and protections summarized below:

- Even though our network of providers may change during the year, Medicare requires that we furnish you with uninterrupted access to qualified doctors and specialists.
- We will make a good faith effort to provide you with at least 30 days’ notice that your provider is leaving our plan so that you have time to select a new provider.
- We will assist you in selecting a new qualified provider to continue managing your health care needs.
- If you are undergoing medical treatment you have the right to request, and we will work with you to ensure, that the medically necessary treatment you are receiving is not interrupted.
- If you believe we have not furnished you with a qualified provider to replace your previous provider or that your care is not being appropriately managed, you have the right to file an appeal of our decision.
- If you find out your doctor or specialist is leaving your plan, please contact us so we can assist you in finding a new provider and managing your care.

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## Section 3.4 Changes to the Pharmacy Network

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Amounts you pay for your prescription drugs may depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered *only* if they are filled at one of our network pharmacies. Our network includes pharmacies with preferred cost-sharing, which may offer you lower cost-sharing than the standard cost-sharing offered by other network pharmacies for some drugs.

There are changes to our network of pharmacies for next year. An updated *Pharmacy Directory* is located on our website at [ucare.org](http://ucare.org). You may also call Customer Services for updated provider information or to ask us to mail you a *Pharmacy Directory*. **Please review the 2019 Pharmacy Directory to see which pharmacies are in our network.**

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## Section 3.5 Changes to Benefits and Costs for Medical Services

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We are changing our coverage for certain medical services next year. The information below describes these changes. For details about the coverage and costs for these services, see Chapter 4, *Medical Benefits Chart (what is covered and what you pay)*, in your 2019 *Evidence of Coverage*.

<b>Cost</b>	<b>2018 (this year)</b>	<b>2019 (next year)</b>
<b>Cardiac Rehabilitation services</b>	You pay a \$35 copay per office visit	You pay a \$20 copay per office visit
<b>Colorectal cancer screening</b>		
• Barium enema for people 50 and older every 48 months	Out-of-network: You pay 0% coinsurance of the total cost every 48 months.	Out-of-network: You pay 20% coinsurance of the total cost every 48 months.
• Barium enema for people at high risk of colorectal cancer every 24 months	You pay 0% coinsurance of the total cost every 24 months.	You pay 20% coinsurance of the total cost every 24 months.
<b>Hearing services</b>	You pay a \$35 copayment for each Medicare-covered hearing exam	You pay a \$20 copayment for each Medicare-covered hearing exam
<b>Inpatient hospital care</b>	You pay a \$400 copay per stay	You pay a \$250 copay per stay
<b>Inpatient mental health care</b>	You pay a \$400 copay per stay	You pay a \$250 copay per stay
<b>Medicare Part B prescription drugs</b>	Part B prescription drugs were not subject to step therapy requirements.	Part B prescription drugs may be subject to step therapy requirements.

<b>Cost</b>	<b>2018 (this year)</b>	<b>2019 (next year)</b>
<b>Outpatient diagnostic tests and therapeutic services and supplies</b>	You pay 10% coinsurance of the total cost. Your cost for these services will not exceed \$50 in a single day.	You pay a \$0 copay per service
<b>Outpatient hospital services</b> *Services other than outpatient hospital procedures or surgeries.	You pay 10% coinsurance, up to a maximum of \$50 per day for all other Medicare-covered services other than outpatient procedures or surgeries.	You pay a \$150 copay for all other Medicare-covered services other than outpatient procedures or surgeries.
<b>Outpatient hospital services</b>	You pay a \$250 copay for each Medicare-covered outpatient surgery or procedure at an outpatient department at a hospital	You pay a \$150 copay for each Medicare-covered outpatient surgery or procedure at an outpatient department at a hospital.
<b>Outpatient mental health care</b>	In-network: You pay a \$35 copay per office visit  Out-of-network: You pay 20% coinsurance of the total cost per office visit	In-network: You pay a \$20 copay per office visit  Out-of-network: You pay a \$20 copay per office visit
<b>Outpatient rehabilitation services</b> Physical therapy, occupational therapy, and speech language therapy	In-network: You pay a \$35 copay per office visit  Out-of-network: You pay 20% coinsurance of the total cost per office visit	In-network: You pay a \$20 copay per office visit  Out-of-network: You pay a \$20 copay per office visit
<b>Outpatient substance abuse services</b>	You pay a \$35 copay for each Medicare-covered visit	You pay a \$20 copay for each Medicare-covered visit
<b>Outpatient surgery, including services provided at a hospital outpatient facilities and ambulatory surgical centers</b>	You pay a \$250 copay for each Medicare-covered outpatient surgery or procedure at an outpatient hospital facility or ambulatory surgical center.	You pay a \$150 copay for each Medicare-covered outpatient surgery or procedure at an outpatient hospital facility or ambulatory surgical center.

<b>Cost</b>	<b>2018 (this year)</b>	<b>2019 (next year)</b>
<b>Physician/Practitioner services, including doctor's office visits</b>	<p>In-network:  Primary care visits:  You pay a \$0 copay per office visit  Specialist visits:  You pay a \$35 copay per office visit</p> <p>Out-of-network:  Primary care visits:  You pay 20% coinsurance of the total cost per office visit  Specialist visits:  You pay 20% coinsurance of the total cost per office visit</p>	<p>In-network:  Primary care visits:  You pay a \$0 copay per office visit  Specialist visits:  You pay a \$20 copay per office visit</p> <p>Out-of-network:  Primary care visits:  You pay a \$0 copay per office visit  Specialist visits:  You pay a \$20 copay per office visit</p>
<b>Podiatry services</b>	<p>In-network:  You pay a \$35 copay per office visit</p> <p>Out-of-network:  You pay 20% coinsurance of the total cost per office visit</p>	<p>In-network:  You pay a \$20 copay per office visit</p> <p>Out-of-network:  You pay a \$20 copay per office visit</p>
<b>Prostate cancer screening</b> <ul style="list-style-type: none"> <li>• Digital rectal exam</li> </ul>	<p>Out-of-network:  You pay 0% coinsurance of the total cost for an annual digital rectal exam</p>	<p>Out-of-network:  You pay 20% coinsurance of the total cost for an annual digital rectal exam</p>
<b>Prosthetic devices and related supplies</b>	<p>You pay 20% coinsurance of the total cost</p>	<p>You pay 10% coinsurance of the total cost</p>
<b>Pulmonary rehabilitation services</b>	<p>You pay a \$30 copay per office visit</p>	<p>You pay a \$20 copay per office visit</p>
<b>Skilled nursing facility (SNF) care</b>	<p>You pay a \$0 copay for days 1-20; \$125 for days 21-100 per benefit period</p>	<p>You pay a \$0 copay for days 1-20; \$100 for days 21-100 per benefit period</p>
<b>Vision services</b>		
Medicare-covered vision exam	<p>You pay a \$35 copay per office visit</p>	<p>You pay a \$20 copay per office visit</p>
Supplemental eyewear	<p>Supplemental eyewear is not covered.</p>	<p>\$150 Supplemental eyewear benefit allowance</p>

Cost	2018 (this year)	2019 (next year)
<b>Optional Supplemental Dental</b> (Available for an extra monthly premium)		
<b>Choice Dental</b>	You pay a \$20 monthly plan premium.  You pay a \$75 annual deductible.	Choice Dental is <u>not</u> covered.
<b>Additional Preventive and Diagnostic Services</b> (not subject to annual deductible) <ul style="list-style-type: none"> <li>• One preventive oral examination per calendar year – in addition to the one preventive oral examination covered in your base plan.</li> <li>• One (routine) cleaning of teeth per calendar year – in addition to the one routine teeth cleaning covered in your base plan.</li> <li>• Full mouth X-rays every five (5) years – in addition to bitewing X-rays covered in your base plan.</li> <li>• Four periapical X-rays in a 12-month period – in addition to the bite-wing X-rays covered in your base plan.</li> </ul>	You pay a \$0 copay for Additional Preventive and Diagnostic Services.	

Cost	2018 (this year)	2019 (next year)
<p><b>Basic Services</b></p> <p>Emergency treatment for pain relief (minor procedures).</p> <ul style="list-style-type: none"> <li>• Restoration of lost tooth structure as a result of tooth decay or fracture, when restored with amalgams (silver fillings) or resins (white fillings). <ul style="list-style-type: none"> <li>– When resins are replaced in posterior teeth, or if inlays, onlays, or three-quarter (3/4) crowns are placed, coverage is limited to the same surfaces and allowances for amalgam. <b>Limitation:</b> Coverage for the replacement of restorations is provided only after a two (2) year period has elapsed, measured from the last date the covered dental service was performed.</li> </ul> </li> <li>• Consultation, by a provider other than your current provider, as needed for diagnosis and recommending a treatment plan (such as a second opinion).</li> <li>• General anesthesia or intravenous sedation is a separate covered dental service in conjunction with a complex surgical dental covered service.</li> </ul>	<p>You pay 30% coinsurance on the UCare dental fee schedule for Basic Services.</p>	
<p><b>Endodontic services</b></p> <p>Root canal therapy on permanent teeth, including pulpotomies, indirect pulp-cap, and root canal retreatment (mutually exclusive of final restoration). <b>Limitation:</b> One per tooth per lifetime.</p>	<p>You pay 30% coinsurance on the UCare dental fee schedule for Endodontic services.</p>	

Cost	2018 (this year)	2019 (next year)
<p><b>Periodontic services</b></p> <ul style="list-style-type: none"> <li>• Periodontal maintenance cleanings (deep cleaning of the gums).</li> <li>• Full-mouth debridement.</li> <li>• Non-surgical periodontics: Procedures, such as scaling and root planing, necessary for the treatment of diseases of the gingival tissues (gums). <b>Limitation:</b> Coverage is limited to one (1) non-surgical periodontal treatment per quadrant every 36 months.</li> <li>• Surgical periodontics: The surgical procedures necessary for the treatment of the gingival tissues (gums) and bone supporting the teeth. <b>Limitation:</b> Coverage is limited to one (1) surgical periodontal treatment per quadrant every 36 months.</li> </ul>	<p>You pay 0% coinsurance on the UCare dental fee schedule for Periodontal maintenance services.</p> <p>You pay 30% coinsurance on the UCare dental fee schedule for other covered periodontic services.</p>	
<p><b>Oral/Maxillofacial surgery</b></p> <ul style="list-style-type: none"> <li>• Surgical and non-surgical extractions for tooth removal, including pre- and postoperative care.</li> <li>• Bone grafting as part of surgical procedure. <b>Limitation:</b> Coverage is limited to once per site (upper/lower ridge) in conjunction with building the boney ridge needed for successful placement of an implant or removable prosthetics (partial/full dentures).</li> </ul>	<p>You pay 30% coinsurance on the UCare dental fee schedule for Oral/Maxillofacial surgery.</p>	

Cost	2018 (this year)	2019 (next year)
<b>Major Services</b>		
<p data-bbox="118 258 474 289"><b>Major restorative services</b></p> <ul data-bbox="118 306 609 919" style="list-style-type: none"> <li data-bbox="118 306 430 373">• Emergency services – major procedures.</li> <li data-bbox="118 394 592 609">• Crowns. <b>Limitation:</b> Benefit for the replacement of a crown or an onlay will be provided only after a five (5) year period, measured from the last date the covered dental service was performed.</li> <li data-bbox="118 630 609 919">• Cast onlays for treatment of severe carious lesions and severe fracture. <b>Limitation:</b> Benefit for the replacement of a crown or an onlay will be provided only after a five (5) year period, measured from the last date the covered dental service was performed.</li> </ul>	<p data-bbox="690 258 1023 399">You pay 60% coinsurance on the UCare dental fee schedule for Major restorative services.</p>	
<p data-bbox="118 955 581 987"><b>Prosthetics: Removable and fixed</b></p> <ul data-bbox="118 1003 641 1948" style="list-style-type: none"> <li data-bbox="118 1003 641 1480">• Bridges, standard partial dentures, and full dentures for the replacement of extracted permanent teeth. <b>Exclusion:</b> Coverage is <b>not</b> provided for the following: <ul data-bbox="142 1203 630 1480" style="list-style-type: none"> <li data-bbox="142 1203 630 1270">– Replacement of misplaced, lost, or stolen dental prosthetic appliances.</li> <li data-bbox="142 1291 592 1396">– Initial installation of a bridge or denture to replace teeth missing prior to coverage.</li> <li data-bbox="142 1417 617 1480">– Replacement of teeth congenitally missing.</li> </ul> </li> <li data-bbox="118 1501 641 1948">• Replacement benefit for prosthetic services: A prosthetic appliance (i.e., bridge or denture) for the purpose of replacing an existing appliance will be covered only after five (5) years, measured from the last date the covered dental service was performed and then only in the event that the existing appliance is not and cannot be made satisfactory. Services necessary to make an appliance satisfactory are covered.</li> </ul>	<p data-bbox="690 955 1023 1096">You pay 60% coinsurance on the UCare dental fee schedule for Prosthetics: removable and fixed.</p>	



Cost	2018 (this year)	2019 (next year)
<ul style="list-style-type: none"> <li>• Replacement benefit for fixed prosthetics: None of the individual units of the bridge may have been covered previously as a crown or cast restoration during the last five (5) year period. The fabrication of the bridge due to the loss of an existing tooth does <b>not</b> set aside the five (5) year exclusion on cast restorations.</li> <li>• Alveolectomy, alveoloplasty, and vestibuloplasty when required to prepare for dentures.</li> </ul>		
<p><b>Prosthetic repair and adjustments</b></p> <ul style="list-style-type: none"> <li>• Prosthetics: Provides for the repair and adjustment to prosthetic appliances when they are serving as the permanent prosthetic appliance. <b>Limitation:</b> No adjustment, relining, or rebasing will be covered if performed during the first six (6) months following denture placement. Coverage of tissue conditioning, relining, or rebasing is limited to once in a two (2) year period.</li> </ul>	<p>You pay 60% coinsurance on the UCare dental fee schedule for Prosthetic repair and adjustments.</p>	
<p><b>Implant services</b></p> <ul style="list-style-type: none"> <li>• Surgical placement of an implant body to replace a single missing natural anterior (front) tooth.</li> <li>• Porcelain or ceramic crown over implant body. <b>Limitation:</b> Implant services, replacing a single missing anterior (front) tooth. Coverage for implants is limited to one per lifetime per tooth.</li> </ul>	<p>You pay 60% coinsurance on the UCare dental fee schedule for Implant services.</p>	

Cost	2018 (this year)	2019 (next year)
<p data-bbox="118 184 418 216"><b>Classic Choice Dental</b></p> <p data-bbox="118 394 315 426"><b>Basic Services</b></p> <ul data-bbox="118 457 639 1507" style="list-style-type: none"> <li data-bbox="118 457 639 531">• Emergency treatment for pain Relief (minor procedures).</li> <li data-bbox="118 552 639 1129">• Restoration of lost tooth structure as a result of tooth decay or fracture, when restored with amalgams (silver fillings) or resins (white fillings). <ul data-bbox="142 720 639 1129" style="list-style-type: none"> <li data-bbox="142 720 639 1129">– When resins are replaced in posterior teeth, or if inlays, onlays, or three-quarter (3/4) crowns are placed, coverage is limited to the same surfaces and allowances for amalgam. <b>Limitation:</b> Coverage for the replacement of restorations is provided only after a two (2) year period has elapsed, measured from the last date the covered dental service was performed.</li> </ul> </li> <li data-bbox="118 1150 639 1339">• Consultation, by a provider other than your current provider, as needed for diagnosis and recommending a treatment plan (such as a second opinion).</li> <li data-bbox="118 1360 639 1507">• General anesthesia or intravenous sedation is a separate covered dental service in conjunction with a complex surgical dental covered service.</li> </ul> <p data-bbox="118 1549 402 1581"><b>Endodontic services</b></p> <p data-bbox="118 1612 623 1822">Root canal therapy on permanent teeth, including pulpotomies, indirect pulp-cap, and root canal retreatment (mutually exclusive of final restoration). <b>Limitation:</b> one per tooth per lifetime.</p>	<p data-bbox="690 184 1008 258">Classic Choice Dental is <u>not</u> covered.</p>	<p data-bbox="1117 184 1419 258">You pay a \$21 monthly plan premium.</p> <p data-bbox="1117 289 1398 363">You pay a \$50 annual deductible.</p> <p data-bbox="1117 394 1479 499">You pay 20% coinsurance on the UCare dental fee schedule for Basic services.</p> <p data-bbox="1117 1549 1458 1686">You pay 20% coinsurance on the UCare dental fee schedule for Endodontic services.</p>

Cost	2018 (this year)	2019 (next year)
<p><b>Periodontic services</b></p> <ul style="list-style-type: none"> <li>• Full-mouth debridement.</li> <li>• Non-surgical periodontics: Procedures, such as scaling and root planing, necessary for the treatment of diseases of the gingival tissues (gums). <b>Limitation:</b> Coverage is limited to one (1) non-surgical periodontal treatment per quadrant every 36 months.</li> <li>• Surgical periodontics: The surgical procedures necessary for the treatment of the gingival tissues (gums) and bone supporting the teeth. <b>Limitation:</b> Coverage is limited to one (1) surgical periodontal treatment per quadrant every 36 months.</li> </ul>		<p>You pay 20% coinsurance on the UCare dental fee schedule for Periodontic services.</p>
<p><b>Oral/Maxillofacial surgery</b></p> <ul style="list-style-type: none"> <li>• Surgical and non-surgical extractions for tooth removal, including pre- and post-operative care.</li> <li>• Bone grafting as part of surgical procedure. <b>Limitation:</b> Coverage is limited to once per site (upper/ lower ridge) in conjunction with building the boney ridge needed for successful placement of an implant or removable prosthetics (partial/full dentures).</li> </ul>		<p>You pay 20% coinsurance on the UCare dental fee schedule for Oral/ Maxillofacial surgery.</p>
<p><b>Major restorative services</b></p> <ul style="list-style-type: none"> <li>• Emergency services – major procedures.</li> <li>• Crowns. <b>Limitation:</b> Benefit for the replacement of a crown or an onlay will be provided only after a five (5) year period, measured from the last date the covered dental service was performed.</li> </ul>		<p>You pay 50% coinsurance on the UCare dental fee schedule for Major restorative services.</p>

Cost	2018 (this year)	2019 (next year)
<ul style="list-style-type: none"> <li>• Cast onlays for treatment of severe carious lesions and severe fracture. <b>Limitation:</b> Benefits for the replacement of a crown or an onlay will be provided only after a five (5) year period, measured from the last date the covered dental service was performed.</li> </ul> <p><b>Prosthetics: Removable and fixed</b></p> <ul style="list-style-type: none"> <li>• Bridges, standard partial dentures, and full dentures for the replacement of extracted permanent teeth. <b>Exclusion:</b> Coverage is not provided for the following: <ul style="list-style-type: none"> <li>– Replacement of misplaced, lost, or stolen dental prosthetic appliances.</li> <li>– Initial installation of a bridge or denture to replace teeth missing prior to coverage.</li> <li>– Replacement of teeth congenitally missing.</li> </ul> </li> <li>• Replacement benefit for prosthetic services: A prosthetic appliance (i.e., bridge or denture) for the purpose of replacing an existing appliance will be covered only after five (5) years, measured from the last date the covered dental service was performed and then only in the event that the existing appliance is not and cannot be made satisfactory. Services necessary to make an appliance satisfactory are covered.</li> <li>• Replacement benefit for fixed prosthetics: None of the individual units of the bridge may have been covered previously as a crown or cast restoration during the last five (5) year period. The fabrication of the bridge due to the loss of an existing tooth does not set aside the five (5) year exclusion on cast restorations.</li> </ul>		<p>You pay 50% coinsurance on the UCare dental fee schedule for Prosthetics: removable and fixed.</p>



## Changes to Our Drug List

Our list of covered drugs is called a Formulary or “Drug List.” A copy of our Drug List is provided electronically.

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.**

If you are affected by a change in drug coverage, you can:

- **Work with your doctor (or other prescriber) and ask the plan to make an exception** to cover the drug.
  - To learn what you must do to ask for an exception, see Chapter 9 of your *Evidence of Coverage (What to do if you have a problem or complaint (coverage decisions, appeals, complaints))* or call Customer Services.
- **Work with your doctor (or other prescriber) to find a different drug** that we cover. You can call Customer Services to ask for a list of covered drugs that treat the same medical condition.

In some situations, we are required to cover a temporary supply of a non-formulary drug in the first 90 days of the plan year or the first 90 days of membership to avoid a gap in therapy. For 2019, members in long term care (LTC) facilities will now receive a temporary supply that is the same amount of temporary days supply provided in all other cases: 31 days of medication rather than the amount provided in 2018 (91-98 days of medication). (To learn more about when you can get a temporary supply and how to ask for one, see Chapter 5, Section 5.2 of the *Evidence of Coverage*.) During the time when you are getting a temporary supply of a drug, you should talk with your doctor to decide what to do when your temporary supply runs out. You can either switch to a different drug covered by the plan or ask the plan to make an exception for you and cover your current drug.

If you fill your prescription within the first 90 days of the calendar year and discover it is no longer on the Drug List, in most cases you can obtain a transition fill. After the **transition fill**, you will receive a letter about your options including speaking with your physician about changing drugs or how to request an exception.

Utilization management exceptions are assigned for a given timeframe at the time of authorization. You should contact Customer Services to learn what you or your provider would need to do to get coverage for the drug once the exception has expired.

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules.

Starting in 2019, we may immediately remove a brand name drug on our Drug List if, at the same time, we replace it with a new generic drug on the same or lower cost sharing tier and with the same or fewer restrictions. Also, when adding the new generic drug, we may decide to keep the brand name drug on our Drug List, but immediately move it to a different cost-sharing tier or add new restrictions. This means if you are taking the brand name drug that is being replaced by the new generic (or the tier or restriction on the brand name drug changes), you will no longer always get notice of the change 60 days before we make it or get a 60-day refill of your brand name drug at a network pharmacy. If you are taking the brand name drug, you will still get information on the specific change we made, but it may arrive after the change is made.

Also, starting in 2019, before we make other changes during the year to our Drug List that require us to provide you with advance notice if you are taking a drug, we will provide you with notice 30, rather than 60,

days before we make the change. Or we will give you a 30-day, rather than a 60-day, refill of your brand name drug at a network pharmacy.

When we make these changes to the Drug List during the year, you can still work with your doctor (or other prescriber) and ask us to make an exception to cover the drug. We will also continue to update our online Drug List as scheduled and provide other required information to reflect drug changes. (To learn more about the changes we may make to the Drug List, see Chapter 5, Section 6 of the *Evidence of Coverage*.)

## Changes to Prescription Drug Costs

*Note:* If you are in a program that helps pay for your drugs (“Extra Help”), **the information about costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the “*Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs*” (also called the “Low Income Subsidy Rider” or the “LIS Rider”), which tells you about your drug costs. If you receive “Extra Help” and haven’t received this insert by September 30, 2018, please call Customer Services and ask for the “LIS Rider.” Phone numbers for Customer Services are in Section 8.1 of this booklet.

There are four “drug payment stages.” How much you pay for a Part D drug depends on which drug payment stage you are in. (You can look in Chapter 6, Section 2 of your *Evidence of Coverage* for more information about the stages.)

The information below shows the changes for next year to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage. To get information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in the *Evidence of Coverage*.)

## Changes to the Deductible Stage

Stage	2018 (this year)	2019 (next year)
<p><b>Stage 1: Yearly Deductible Stage</b></p> <p>During this stage, you pay the full cost of your Tier 3 - 5 drugs until you have reached the yearly deductible.</p>	<p>The deductible is \$250 (for Tiers 2 – 5).</p> <p>During this stage, you pay \$6 (standard cost-sharing) or \$1 (preferred cost-sharing) for drugs in Tier 1 and the full cost of drugs in Tiers 2 – 5 until you have reached the yearly deductible.</p>	<p>The deductible is \$200 (for Tiers 3 – 5).</p> <p>During this stage, you pay \$5 (standard cost-sharing) or \$0 (preferred cost-sharing) for drugs on Tier 1 and you pay \$12 (standard cost-sharing) or \$7 (preferred cost-sharing) for drugs on Tier 2, and the full cost of drugs in Tiers 3 – 5 until you have reached the yearly deductible.</p>



## Changes to Your Cost-sharing in the Initial Coverage Stage

For drugs on Tier 4, your cost-sharing in the initial coverage stage is changing from copayment to coinsurance. Please see the following chart for the changes from 2018 to 2019.

To learn how copayments and coinsurance work, look at Chapter 6, Section 1.2, *Types of out-of-pocket costs you may pay for covered drugs in your Evidence of Coverage*.

Stage	2018 (this year)	2019 (next year)
<p><b>Stage 2: Initial Coverage Stage</b></p> <p>Once you pay the yearly deductible, you move to the Initial Coverage Stage. During this stage, the plan pays its share of the cost of your drugs and <b>you pay your share of the cost.</b></p> <p>For 2018 you paid a \$100 copayment (standard cost-sharing) and a \$95 copayment (preferred cost-sharing) for drugs on Tier 4. For 2019 you will pay 50% coinsurance (standard cost-sharing) and 45% coinsurance (preferred cost-sharing) for drugs on this tier.</p> <p>The costs in this row are for a one-month (30-day) supply when you fill your prescription at a network pharmacy. For information about the costs for a long-term supply; at a network pharmacy that offers preferred cost-sharing; or for mail-order prescriptions, look in Chapter 6, Section 5 of your Evidence of Coverage.</p> <p><b>We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List.</b></p>	<p>Your cost for a one-month supply filled at a network pharmacy:</p> <p><b>Preferred generic drugs:</b>  <i>Standard cost-sharing:</i>            You pay \$6 per prescription.</p> <p><i>Preferred cost-sharing:</i>            You pay \$1 per prescription.</p> <p><b>Generic drugs:</b>  <i>Standard cost-sharing:</i>            You pay \$12 per prescription.</p> <p><i>Preferred cost-sharing:</i>            You pay \$7 per prescription.</p> <p><b>Preferred brand-name drugs:</b>  <i>Standard cost-sharing:</i>            You pay \$40 per prescription.</p> <p><i>Preferred cost-sharing:</i>            You pay \$35 per prescription.</p> <p><b>Non-preferred brand-name drugs:</b>  <i>Standard cost-sharing:</i>            You pay \$100 per prescription.</p> <p><i>Preferred cost-sharing:</i>            You pay \$95 per prescription.</p>	<p>Your cost for a one-month supply filled at a network pharmacy:</p> <p><b>Preferred generic drugs:</b>  <i>Standard cost-sharing:</i>            You pay \$5 per prescription.</p> <p><i>Preferred cost-sharing:</i>            You pay \$0 per prescription.</p> <p><b>Generic drugs:</b>  <i>Standard cost-sharing:</i>            You pay \$12 per prescription.</p> <p><i>Preferred cost-sharing:</i>            You pay \$7 per prescription.</p> <p><b>Preferred brand drugs:</b>  <i>Standard cost-sharing:</i>            You pay \$40 per prescription.</p> <p><i>Preferred cost-sharing:</i>            You pay \$35 per prescription.</p> <p><b>Non-preferred drugs:</b>  <i>Standard cost-sharing:</i>            You pay 50% of the total cost.</p> <p><i>Preferred cost-sharing:</i>            You pay 45% of the total cost.</p>



Stage	2018 (this year)	2019 (next year)
	<p><b>Specialty drugs:</b> <i>Standard cost-sharing:</i> You pay 28% of the total cost.</p> <p><i>Preferred cost-sharing:</i> You pay 28% of the total cost.</p> <p>Once your total drug costs have reached \$3,750, you will move to the next stage (the Coverage Gap Stage).</p>	<p><b>Specialty drugs:</b> <i>Standard cost-sharing:</i> You pay 29% of the total cost.</p> <p><i>Preferred cost-sharing:</i> You pay 29% of the total cost.</p> <p>Once your total drug costs have reached \$3,820, you will move to the next stage (the Coverage Gap Stage).</p>

### Changes to the Coverage Gap and Catastrophic Coverage Stages

The other two drug coverage stages – the Coverage Gap Stage and the Catastrophic Coverage Stage – are for people with high drug costs. **Most members do not reach the Coverage Gap Stage or the Catastrophic Coverage Stage.** For the Deductible Stage and the Initial Coverage Stage, for drugs on Tier 4, your cost-sharing is changing from a copayment to coinsurance. For information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in your *Evidence of Coverage*.

## SECTION 4 Deciding Which Plan to Choose

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### Section 4.1 If you want to stay in UCare Classic

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**To stay in our plan you don't need to do anything.** If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically stay enrolled as a member of our plan for 2019.

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### Section 4.2 If you want to change plans

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We hope to keep you as a member next year but if you want to change for 2019 follow these steps:

#### **Step 1: Learn about and compare your choices**

- You can join a different Medicare health plan,
- – OR – You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan.

To learn more about Original Medicare and the different types of Medicare plans, read *Medicare & You 2019*, call your State Health Insurance Assistance Program (see Section 6), or call Medicare (see Section 8.2).

You can also find information about plans in your area by using the Medicare Plan Finder on the Medicare website. Go to <https://www.medicare.gov> and click “Find health & drug plans.” **Here, you can find information about costs, coverage, and quality ratings for Medicare plans.**

As a reminder, UCare offers other Medicare health plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

## **Step 2: Change your coverage**

- To **change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from our plan.
- To **change to Original Medicare with a prescription drug plan**, enroll in the new drug plan. You will automatically be disenrolled from our plan.
- To **change to Original Medicare without a prescription drug plan**, you must either:
  - Send us a written request to disenroll. Contact Customer Services if you need more information on how to do this (phone numbers are in Section 8.1 of this booklet).
  - *or* – Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

## **SECTION 5 Deadline for Changing Plans**

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If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2019.

### **Are there other times of the year to make a change?**

In certain situations, changes are also allowed at other times of the year. For example, people with Medicaid, those who get “Extra Help” paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area may be allowed to make a change at other times of the year. For more information, see Chapter 10, Section 2.3 of the *Evidence of Coverage*.

**Note:** If you’re in a drug management program, you may not be able to change plans.

If you enrolled in a Medicare Advantage plan for January 1, 2019, and don’t like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2019. For more information, see Chapter 10, Section 2.2 of the *Evidence of Coverage*.

## **SECTION 6 Programs That Offer Free Counseling about Medicare**

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The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state. In Minnesota, the SHIP is called Senior LinkAge Line®.

Senior LinkAge Line® is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. Senior LinkAge Line® counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call Senior LinkAge Line® at 1-800-333-2433 (toll free). TTY users should call 1-800-627-3529 (toll free) or 711. You can learn more about Senior LinkAge Line® by visiting their website ([www.seniorlinkageline.com](http://www.seniorlinkageline.com)).

## SECTION 7 Programs That Help Pay for Prescription Drugs

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You may qualify for help paying for prescription drugs.

- **“Extra Help” from Medicare.** People with limited incomes may qualify for “Extra Help” to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. Many people are eligible and don’t even know it. To see if you qualify, call:
  - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day, 7 days a week;
  - The Social Security Office at 1-800-772-1213 between 7 a.m. and 7 p.m., Monday through Friday. TTY users should call, 1-800-325-0778 (applications); or
  - Your State Medicaid Office (applications).
- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the ADAP in Minnesota. For information on eligibility criteria, covered drugs, or how to enroll in the program, please call Monday – Friday, 8:30 a.m. – 4:30 p.m.:

### **Twin Cities Metro area**

651-431-2414 (phone)

651-431-7414 (fax)

### **Statewide**

1-800-657-3761 (phone) (toll free)

1-800-627-3529 (TTY)

### **HIV/AIDS Programs**

**Department of Human Services**

**P.O. Box 64972**

**St. Paul, MN 55164-0972**

## SECTION 8 Questions?

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### Section 8.1 Getting Help from our Plan

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Questions? We’re here to help. Please call Customer Services at 612-676-3600 or 1-877-523-1515 (toll free). (TTY only, call 612-676-6810 or 1-800-688-2534 (toll free).) We are available for phone calls 24 hours a day, 7 days a week.

### **Read your 2019 Evidence of Coverage (it has details about next year’s benefits and costs)**

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2019. For details, look in the 2019 *Evidence of Coverage* for UCare Classic. The *Evidence of Coverage* is the legal, detailed

description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs.

### **Visit our Website**

You can also visit our website at [ucare.org](https://ucare.org). As a reminder, our website has the most up-to-date information about our provider network (Provider Directory) and our list of covered drugs (Formulary/Drug List).

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## Section 8.2 Getting Help from Medicare

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To get information directly from Medicare:

### **Call 1-800-MEDICARE (1-800-633-4227)**

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

### **Visit the Medicare Website**

You can visit the Medicare website (<https://www.medicare.gov>). It has information about cost, coverage, and quality ratings to help you compare Medicare health plans. You can find information about plans available in your area by using the Medicare Plan Finder on the Medicare website. (To view the information about plans, go to <https://www.medicare.gov> and click on “Find health & drug plans.”)

### **Read *Medicare & You 2019***

You can read the *Medicare & You 2019* Handbook. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this booklet, you can get it at the Medicare website (<https://www.medicare.gov>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.









P.O. Box 52  
Minneapolis, MN 55440-0052

612-676-3600 | 1-877-523-1515  
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**[ucare.org](https://www.ucare.org)**