

## UCare Practice Guideline

**Topic:** Obesity in Adults, Management & Prevention

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**Primary Source:** American Academy of Family Physicians (AAFP)

**Link to Guideline:** American Academy of Family Physicians (AAFP)

<https://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=19>

The Obesity in Adults, Management and Prevention Guideline was adopted as the UCare Clinical Practice Guideline with no modifications.