Notification Requirements Update: Outpatient Substance Use Disorder Services

Effective immediately, UCare has made some internal changes on how we are processing outpatient substance use disorder (SUD) services for individual/group (H2035), treatment coordination (T1016 U8 HN) and peer recovery support (H0038 U8) services. These changes apply to the following UCare products: Prepaid Medical Assistance Program (PMAP), MinnesotaCare, Minnesota Senior Health Options (MSHO), Minnesota Senior Care Plus (MSC+), UCare Connect, UCare Connect + Medicare, UCare Individual & Family Plans, and UCare Individual & Family Plans with M Health Fairview (H2035 and T1016 U8 only).

UCare will now approve up to 3 months of services at a time (previously, it had been 6 months). For ongoing services, providers should submit the Notification of Substance Use Disorder (SUD) Outpatient form when the initial date of service is close to ending. Along with the form, please include any updated progress notes as necessary. UCare will generate a confirmation or notification letter to the member and provider that outlines the next concurrent date of services.

A notification requirement does not limit or delay the member and provider’s ability to begin or render services. Notification or prior authorization of services does not guarantee payment.

The Mental Health and Substance Use Disorder Services team can be reached at 612-676-6533 or toll-free at 1-833-276-1185.