

Earn a \$25 quit smoking gift card

If you're pregnant and still smoking, you may be eligible to receive a \$25 gift card when you complete an initial phone counseling session with the tobacco quit line. You can earn the gift card either during your pregnancy or during your baby's first year of life.

To earn your gift card

- Call the tobacco quit line to schedule your initial session: **1-855-260-9713** or **TTY: 711**
- Give the quit line your UCare member ID number and your estimated due date (if you're pregnant) or your baby's birth date.
- After you complete the session, the quit line will notify UCare and we'll mail your gift card to you.

Gift card offer applies to current members who complete an initial call with the quit smoking program. Limit one gift card per pregnancy. Allow 4-6 weeks for gift card delivery. Benefits may change each year.

Questions?

Call the Customer Services phone number on the back of your UCare ID card.

Great reasons for moms to quit smoking

Before your baby is born:

- Smoking can cause your baby to be born too soon or too small, which can lead to many health problems as your baby grows.

After your baby is born:

- Being around smoke can cause heart and breathing problems for your baby. It may also play a role in Sudden Infant Death Syndrome (SIDS).
- Quitting helps you stay healthy so you will be there for your baby.
- You'll have the money spent on cigarettes to use for you and your baby.



IMPORTANT: Please notify your county or MinnesotaCare as soon as you know you're pregnant and after your baby is born. It's important to make sure your baby has health coverage.



1-800-203-7225

Attention. If you need free help interpreting this document, call the above number.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda qoraalkan, lambarka kore wac.

Discrimination is against the law. UCare does not discriminate because of race, color, national origin, creed, religion, sexual orientation, public assistance status, marital status, age, disability or sex.

Auxiliary Aids and Services. UCare provides auxiliary aids and services, like qualified interpreters or information in accessible formats, free of charge and in a timely manner, to ensure an equal opportunity to participate in our health care programs. **Contact** UCare at 612-676-3200 (voice) or 1-800-203-7225 (voice), 612-676-6810 (TTY), or 1 800 688 2534 (TTY).

UCare Connect + Medicare (HMO SNP) is a health plan that contracts with both Medicare and the Minnesota Medical Assistance (Medicaid) program to provide benefits of both programs to enrollees. Enrollment in *UCare Connect + Medicare* depends on contract renewal.