UCare is preparing for ICD-10! Here’s what Behavioral Health providers need to know about ICD-10 and DSM-5...

ICD-10 is the tenth revision of the International Classification of Diseases. Its implementation is federally mandated to replace ICD-9 on October 1, 2015, for all HIPAA-covered entities. For federal policies and guidelines regarding when and which claims need ICD-9 or ICD-10 codes, please download and read the Center for Medicare and Medicaid’s MLN Matters 1408 and MLN Matters SE1325.

*HCPCS and CPT codes are not included in the ICD transition.

Why the change?
Due to the evolving nature of medicine and medical practice, much of the terminology used in ICD-9 is outdated and fields are not as expansive as current medicine warrants. ICD-10 will more precisely reflect medical diagnoses and procedures by expanding the number of characters in the coding structure. Overall, it will allow for more descriptive coding and is an opportunity for us to better serve our members!

How can Behavioral Health providers be ready for ICD-10?
To help assess what you might need, visit the Center for Medicare and Medicaid’s (CMS) website for ICD-10. CMS provides a wealth of reliable knowledge and resources that can help providers, payers, and vendors prepare for ICD-10 implementation. For small practices, “Road to 10” is a no-cost tool that provides specialty references and allows providers to build their own preparation plan.

What is the relationship between DSM-5 and ICD-10?
The fifth edition of Diagnostic and Statistical Manual of Mental Disorders (DSM-5) was released in May 2013. Past editions of DSM have listed corresponding ICD-9 codes for diagnoses and DSM-5 has built upon this by including both ICD-9 and ICD-10 codes alongside diagnoses to aid providers in submitting insurance claims. Mental health disorder codes are listed in chapter five of ICD-10-CM. It is important to note that other chapters in ICD-10-CM will still be needed as a reference when reporting patients’ comorbid medical diagnoses. Please refer to information on the DSM-5 transition on MN Department of Human Services website for further details.

When will DSM-5 be required?
UCare will begin requiring the use of DSM-5 codes along with ICD-10 on October 1, 2015.

Forms on UCare.org
UCare is modifying UCare.org online forms to include ICD-10 verbiage wherever ICD-9 is currently mentioned. Visit the Eligibility & Authorizations page of UCare’s provider website to view the most up-to-date version of these Behavioral Health forms.

How to find ICD-10 codes
The tenth revision has two parts, ICD-10-CM and ICD-10 PCS.

- **ICD-10-CM** is the clinical modification of WHO standards for diagnoses and is maintained by the National Center for Health Statistics (NCHS). This single volume will replace both ICD-9-CM Volumes 1 and 2. The U.S. Department of Health and Human Services (HHS) has mandated that ICD-10-CM codes will be used in
standard electronic transactions for dates of service on or after the October 1, 2015 implementation date. The 2015 ICD-10-CM codes and GEMs (General Equivalency Mappings) can be found here.

- **ICD-10-PCS** is the procedure classification system developed by CMS that will be used for hospital inpatient settings. This will replace ICD-9-CM Volume 3. The 2015 ICD-10-PCS codes and GEMs can be found here.

Questions?
- For questions regarding UCare’s implementation of ICD-10, please email icd10@ucare.org or visit UCare’s ICD-10 website here.
- For more information from DHS on the implementation of DSM-5, please visit the DHS website here.
- For general UCare questions, please call UCare’s Provider Assistance Center at 612-676-3300 or 1-888-531-1493 toll free.